

Massages

SWEDISH MASSAGE

Abba isn't the only good thing to come out of Sweden. This Swedish style massage will ease tense muscles and replenish tone. It doesn't matter if you walked for hours admiring the Panama Canal or danced at our Hard Rock clubs all night long, this massage, available in four different aromatherapeutic scents, will get you back on your feet and rolling again

Calming - chamomile

Relaxing - lavender

Balancing - jasmine

Up-lifting - wild roses

Sensitive - Unscented

35 min 65 min 90 min
\$60 \$80 \$95

DEEP TISSUE MASSAGE

As the name says, this one goes deeper. Regain energy and soothe your body, focusing on specific needs, and clear away any strain or fatigue. Also available in four different scents.

Calming - chamomile

Relaxing - lavender

Balancing - jasmine

Up-lifting - wild roses

Sensitive - Unscented

35 min 65 min 90 min
\$65 \$90 \$105

SHANTALA MASSAGE (KIDS)

Kids could also use some relaxation every once in a while, you know, so this gentle massage for little rockstars will soothe them and sharpen their senses. And, best of all, they can share it with mom and dad!

15 min 25 min 35 min
\$40 \$45 \$50

CRYSTAL MASSAGE (HOLISTIC)

This is a holistic experience you should definitely try. Heat and energy from obsidian crystals will work their magic on your body for an overall pleasure. You'll be pickin' up good vibrations in no time!

65 min 90 min
\$95 \$110

SAMUMPRAI MASSAGE

This Asian inspired massage uses an aromatic combination of herbs and steam, which depending on your mood can be relaxing or stimulating. So, as the song goes, anyway you want it, that's the way you need it!

Detoxifying /relaxing- lavender & wheat

Detoxifying / stimulating - herbs

65 min 90 min
\$145 \$160

PRENATAL MASSAGE

This one is for future moms only!

By focusing on the needs of expecting mothers, this gentle massage relaxes muscles and improves circulation, because happy mama = less drama.

35 min 65 min
\$60 \$85

SHIRODHARA MASSAGE

Holistic and balancing, it creates a deeply relaxing sensation by using warm oils that are gently applied to your forehead. One of our signature transcendental experiences for you to indulge in.

90 min
\$160

ABHYANGA MASSAGE

Keep your body balanced and your mind healthy with this Indian inspired treatment, aimed at those who seek emotional as well as physical calm. It's so good we use four hands.

65 min
\$150

THAI MASSAGE

Sometimes you need to awaken your inner strength and balance your body's core energy, just like yoga. This holistic massage gets the job done by stretching your muscles with traditional techniques.

90 min
\$140

Baths

Showers are for the people, but baths are for stars like you. Indulge your body with our Rock Spa® selection of specialized bath treatments

ALGAE BATH

Algae has been known for having intense nutrients and beneficial properties that only Mother Ocean can provide. This fully organic treatment detoxifies and tones the body

65 min
\$80

MUD BATH

Those kids at Woodstock where on to something, mud does wonders for the skin! This bath uses a very special mineral rich mud, imported from the Italian Alps, that combines essential oils to tone and nourish your skin.

65 min
\$80

COTTON / BAMBOO BATH

If by now you don't know what exfoliating is, then you need to bring your scaley self in to check these treatments out. Exfoliating baths stimulate your senses and restore balance by deeply cleansing the skin.

Choose from Egyptian cotton flower oil or giant bamboo oil, two essences that will work their earthly magic on you.

65 min
\$80

FOOT WASHING RITUAL

It's called a ritual because there's something sacred, as well as nourishing, about having someone massaging and cleaning your feet. It will leave you feeling energized and relaxed, and ready for whatever comes next.

35 min
\$65

Body treatments

Sweet dreams are made of this... Rock Spa® offers a unique selection of body treatments that combine organic ingredients such as minerals, plant extracts and deeply nourishing marine elements, to deliver powerful results that revive your senses and nourish your skin.

SALT GLOW EXFOLIATION

When your skin is healthy glows. This gentle massage uses a mixture of amazing aromas, provided by pure essential oils, and uses sea salt as an exfoliating agent. You, as well as the paparazzi that follow you, will notice the difference.

45 min
\$65

SEAWEED WRAP

Want to be covered in a Sea of Love? With all of the nutrients and minerals the sea provides, this warm and seaweed rich treatment will leave your body feeling clean, pure and natural, as it always could be I you lived here

65 min
\$80

MUD WRAP

You don't have to go to an outdoor resort far away from the city to get this experience.

This wrap, made from actual Italian mud, rich in minerals and nutrients, will tone your skin like nothing else

65 min
\$80

REDUCING ALGAE WRAP

Hydrate and contour your body, and help reduce that unwanted cellulite, with the help of the ocean's algae and its many natural properties.

70 min
\$100

REDUCING MUD WRAP

Re-mineralize your skin and regain its elasticity. Excellent for those in the process of going down a size.

70 min
\$100

RESSOUL MUD WRAP

This special mud comes all the way from the valleys of Morocco, between the Atlas Mountains, and is renowned for smoothing rough skin, and if you like you can listen to

Toto's Africa while you take this pleasurable treatment if you like, we have it queued up for you.

65 min
\$80

ALGAE WRAP & AROMATIC ALGAE BATH

This one complements our algae wrap: immerse yourself in a sensual algae filled tub, blissfully relaxing yourself while all those evil and damaging toxins exit your body.

90 min
\$110

ANTI-AGING WRAP

They say this is what keeps the Rolling Stones going after 50 years.

A delicate blend of tropical fruits, rich in antioxidants, will make your skin look young and fresh.

90 min
\$100

O2 WRAP WITH ALGAE OR MUD

Oxygen: is what we breathe and part of what we are. This specialized treatment improves your skin by reducing cellulite and toning its appearance.

90 min
\$120

TEEN BODY WRAPS

Kids today worry about their appearance as much as any grown up, and they should. This one is just for them, a scrumptious combination of fruits that will nourish their skin and keep it looking fresh. This is a his and hers experience, so any teen is welcome to try it.

65 min
\$110

ROCK SPA® SIGNATURE BODY TREATMENT MOROCCAN COCOON

Immerse yourself in an unforgettable spa experience. Combining the best treatments we have to offer, this luscious and sensual mix is a sure way to either come back to life, begin your makeover or just start your day looking your best.

90 min
\$150

Facial

I am beautiful... in every single way! Yes, we know. So we want to keep you looking your best, specially your face, with our nourishing facial treatments based on organic ingredients as well as light and color.

ANTI-RADICAL MINT - LAVENDER TREATMENT

Show off a moisturized and luminous complexion while protecting your skin. This biothermal mask, rich in mint and lavender essences, will hydrate and replenish your face.

90 min
\$130

CITRUS MOISTURIZING

Limes are great on margaritas, and orange juice tastes great in the morning.

So why not use some of that rich vitamin C to restore your face's natural glow? This facial also ensures younger and cleaner complexion.

90 min
\$130

ANTI-AGING CAVIAR

There's nothing fishy about this. Help reduce signs of aging and feel absolutely luxurious with this deep cleaning facial.

90 min
\$150

LIFTING / REGENERATING

By using Lumafirm®, a revolutionary product that firms, brightens and tightens the skin, you are sure to regain your face's natural glow with this facial.

90 min
\$100

COFFEE BERRY ROCK SPA®

This is our signature facial. Combining 100% natural active ingredients, it gives your skin all the benefits antioxidants can provide, leaving your face feeling fresh, clean and looking its best.

90 min
\$150

DEEP CLEANSING

Depending on your type of skin, choose an essence to soothe and clean it so that no traces of last night's party remain.

Sensitive skin - neroli oil and lavender

Dry skin - hazelnut, ylang-ylang and asmine essentials oil.

Mixed skin - green apple.

Oily skin - grape, sandalwood and hazelnut.

65 min
\$80

OXYGEN FACIAL TREATMENTS

O2 QUENCH

Soothes skin that may have been overexposed to the sun, extreme cold or other harsh weather conditions, like those burning hot lights on stage, you know what we are talking about. This treatment delivers oxygen, moisture, vitamins and antioxidants to regain your skin's vitality, regardless of age.

65 min
\$90

O2 ROSACEA

You don't have to be a dermatologist to know that wearing make up all the time is not that healthy for your skin. This treats guys and gals with any level of rosacea, calming and soothing sensitive skin with a mist of cold oxygen.

65 min
\$90

O2 SMILE LINES

Smooth out those fine lines around your mouth and invigorate your skin with a Vitamin C cocktail enriched with natural ingredients.

65 min
\$90

O2 ACNE

This is not a teenager thing, and we take it seriously. Our natural treatment for acne helps reduce bumps by infusing oxygen and nutrients that penetrate the surface of the skin, providing a boost to improve your skin cells and calm redness.

65 min
\$90

O2 NECK & HANDS

Playing guitars and getting kisses from fans can take their toll. Our natural ingredients combined with oxygen help these delicate parts regain their beauty and elasticity.

65 min
\$90

O2 FOR HIM

Putting a razor to your face constantly is a dangerous thing (and we're not talking about those weird horrors themed videos you do for your songs). Give your skin a dose of oxygen to alleviate any possible damage caused by shaving.

65 min
\$90

HIS SKIN

Even guys want to look younger. Fight the signs of aging with this special treatment for men and enjoy a healthier, more youthful-looking skin.

65 min
\$80

TEENAGERS & KIDS

CLEANSING FOR YOUNG DIVAS

Strawberry Fields Forever... An aromatherapy experience based on strawberries designed to introduce young ladies to healthy skin care.

65 min
\$80

BLEMISH B-GONE

This is how all those boy bands always look so camera ready. Purify your skin to prevent future breakouts, deeply moisturizing it and eliminating impurities.

65 min
\$80

CLEANSING FOR YOUNG ROCK STAR

When you're a teen you should just worry about having a good time (and not about your face!)

Show off a clean and clear complexion with this treatment, which helps prepare skin for the first shave.

65 min
\$80

BLEMISH-B-GONE FOR BOYS

Like in a video game, evil spots are targeted for quick healing that helps prevent future breakouts.

Enriched with patchouli, lemon and verbena extracts.

65 min
\$80

ROCK STAR FACIALS FOR KIDS

Help them look their best right from the start. This treatment can be shared with the folks and only uses natural and organic ingredients.

65 min
\$80

Chromatherapy

I see your true colors... and that's why I love you. Chromatherapy is an innovative technique where light activated nutrients are applied to the skin. The colors affect your skin cells, while the lights have a regenerating effect. Like a beautiful rainbow... for your face and body.

CHROMA MOISTURIZING

Colors never felt so... soft. A nutrient rich cocktail is activated by colored lights, stimulating your skin cells for optimal regeneration and moisture recovery.

90 min
\$115

CHROMA DE-PIGMENTATION

Provides a uniform tone to the skin with a blend of natural ingredients that will give a clean complexion. And, like MJ said, It don't matter if you're black or white!

90 min
\$115

CHROMA ACNE

Help get that red off your face with other, more soothing, colors. This one aids the healing of sensitive acne-prone skin by exposing it to the healing properties of light stimulation to regain its fresh look.

90 min
\$115

CHROMA SMILE LINES

Light is life! With the aid of regenerative rays, those bothersome lines will start to fade out for the younger you to shine through again!

90 min
\$115

Beauty

HI TECH TREATMENTS DETOXIFYING SESSIONS

Rock Spa has created, just for you, a selection of highly effective treatments to stimulate your skin using modern beauty and wellness technology. You can choose between:

Anti-cellulite vacuum

Lymphatic stimulation

Re-firming l.e.d. current

Regenerator (ultrasound & electro)

90 min
\$130

TANNING

No time to sunbathe by the pool? To busy doing business to visit Panama's lovely beaches? Not to worry! Give your skin that bronzed look in no time!.

10 minutes average
\$17 per session

ELECTRO SERIAL SIZE REDUCTION PROGRAM

Those jeans aren't fitting they way they used to? Enjoy a combination of all our detoxifying methods, in several sessions, to get that flawless skin photographers love, and help you size down in the process. It's a win-win.

13 sessions
\$900

REJUVENATION

This is not science fiction. Avoid premature aging with the benefits of light therapy.

10 minutes average
\$17 per session